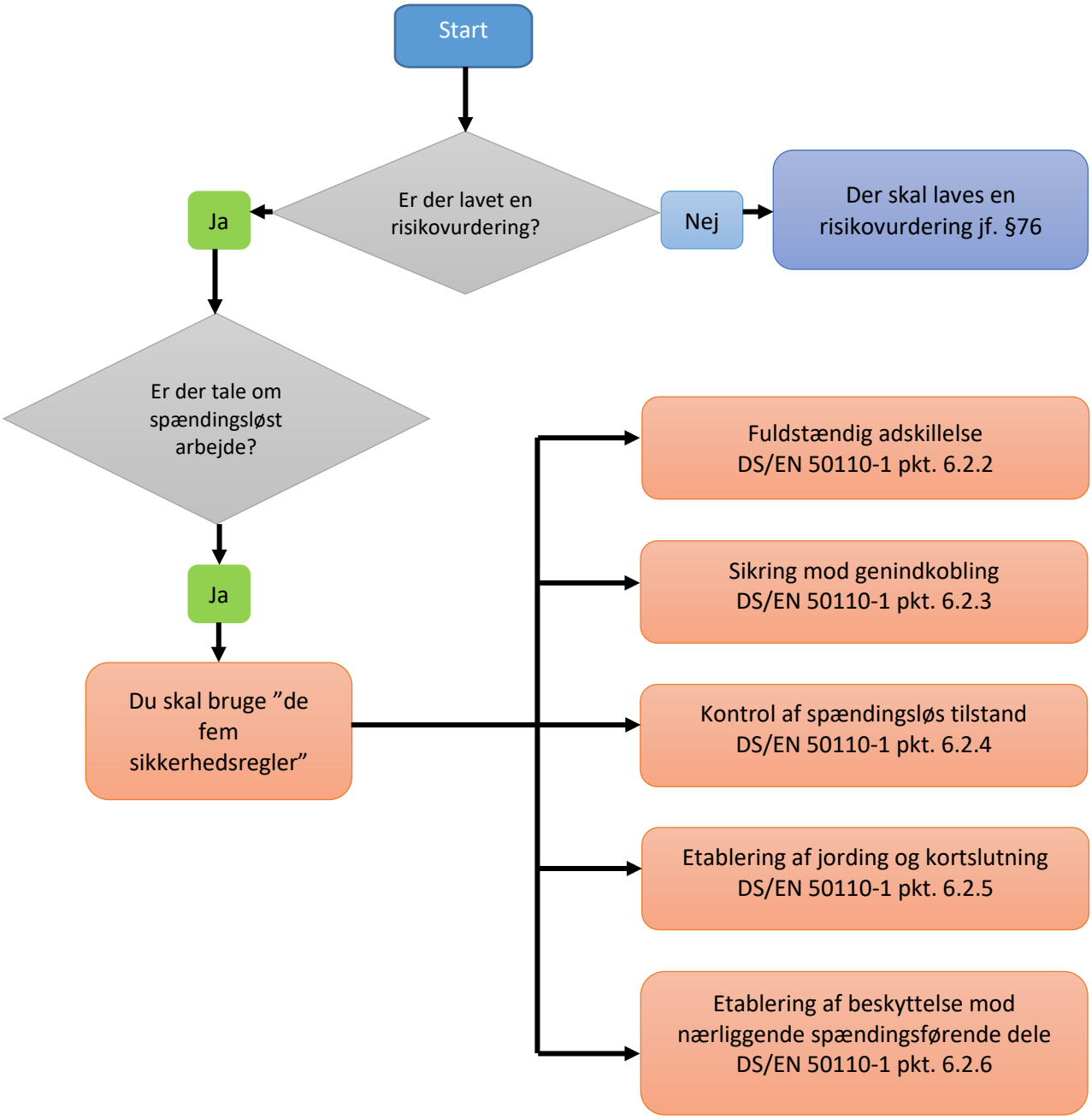Risikovurdering ved spændingsløst arbejde